



FRIENDLY VILLAGE

of GORHAM

COMMUNITY NEWS
December 2020

Special Dates in December

- 1st Eat A Red Apple Day
- World AIDS Awareness Day
- 5th Bathtub Party Day
- 8th First Quarter Moon
- National Brownie Day
- 12th Poinsettia Day
- 14th New Moon
- 17th National Maple Syrup Day
- 21st Winter Solstice
- Last Quarter Moon
- 24th National Egg Nog Day
- 25th Christmas
- 30th Full Moon
- 31st New Year's Eve
- Makeup your Mind Day

We here at the Friendly Village office wish all the residents and their families a Merry Christmas and a Happy, Safe and Healthy New Year!!!

John Dave Don Jeff Coleen

Friendly Village office will be closed Fri., December 25th & January 1st

LIFE IS TEN PERCENT WHAT HAPPENS TO YOU
AND NINETY PERCENT HOW YOU RESPOND TO IT.
LOU HOLTZ



Happy Birthday
to all residents
who are celebrating a
December Birthday...
We hope you have
a great one!



MANAGER'S CORNER:

Please stay safe, let's all get past the virus!

Residents are reminded to remove outside hoses to prevent freezing of outside water lines.

Trailers need to be removed from sites.

All basketball hoops must be removed for edge of street.

No continuous parking on streets, especially during snowstorms or you vehicle will towed.

Please do not throw snow in the streets, and if possible wait till we stop plowing to shovel the end of your driveway.

Please inform us if you hear anything like running water, especially at night, so we can come check it out for a possible water leak.

Just a reminder that Friendly Village does not give any person or persons to ride any motorized vehicles, i.e. but not limited to. Snowmobiles, ATV'S, scooters, or dirt bikes, unless allowed by State law. Driver must have a current driver's license.

JOHN L. RICHARD

We are very lucky to live in Maine, especially with the abundance of farm fresh produce available here. This season don't buy that can of jellied cranberry sauce, make your own with fresh Maine grown cranberries, it is easy and so delicious. You will never eat canned again.

Coleen



HOMEMADE CRANBERRY SAUCE

Ingredients

- 12 ounces cranberries
- 1 cup white sugar
- 1 cup orange juice

Directions

In a medium sized saucepan over medium heat, dissolve the sugar in the orange juice. Stir in the cranberries and cook until the cranberries start to pop (about 10 minutes). Remove from heat and place sauce in a bowl. Cranberry sauce will thicken as it cools.

You can add a little grated orange rind to bring more a more orange flavor.

The Holiday Season can be extremely stressful *and* expensive.

Here are a few tips to help you get through it all.

- Plan ahead by making a list and sticking to it.
- Shop online, if possible, to avoid the holiday crowds.
- Write and send Christmas cards and packages the first week of December, avoiding the lines.
- Keep calm by playing music that makes you happy.
- Use aromatherapy, such as scented oils, candles, and/or sprays.
- Practice deep breathing when you are stressed.
- Avoid excess alcohol.
- Take advantage of the gift wrapping services at stores. These are often free with a purchase.
- Delegate the tasks that need to get done, such as cleaning, cooking, shopping, decorating, etc.
- Have some fun and build a Gingerbread house with your kids or your significant other.

- **Decide what really matters and don't worry about the rest.**



Friendly Village Community

Holiday Raffle

Open to all registered

Friendly Village residents.

Win a Gift Card to a local business, which might include:

Hannaford's, Wal-Mart,
local restaurants, & gas cards

**Drawing to be held:
December 15th**

Gift Cards will be chosen
randomly at drawing.

To enter, simply complete the Raffle Ticket *located inside this newsletter* and drop it off at the Friendly Village office no later than December 14th.

One entry per household

FYI can also be put in rent lock box if office is closed.

Friendly Village Community Holiday Raffle Ticket

Name: _____

Address: _____

Phone #: _____

Email: _____

*Ticket must be dropped off at the Friendly Village Office
no later than December 14th.*

*Drawing to be held: December 15th.
Only one entry per household.*

Tips for Adjusting to an Empty Nest

It's a time for you to get out of your comfort zone

by [Mary W. Quigley](#), Sept. 30, 2016

Let's get it on...the house is finally empty. — Dean Mitchell/Getty Images

[Dallas](#) mom Melissa T. Shultz treasured the years she spent at home raising her sons, Alex and Nick. But after her youngest, now 21, left for college, her house suddenly seemed like “a theater gone dark.”

Wanting to share her struggles with finding a new identity, the 56-year-old literary agent and journalist started blogging and expanded her writing into a book, [From Mom to Me Again: How I Survived the First Empty-Nest Year and Reinvented the Rest of My Life](#). We chatted with Shultz about parents reinventing themselves and preparing for an empty nest.

Q: Three million moms each year face what you call this “wonderful and horrible time.” Why such extremes?

A: It was horrible because the part of my life that was so magical was over. Raising a family was now in my rear-view mirror. Now I have a blank page in front of me, where I am responsible only for myself. That’s what motivated me to write the book.

Q: Act 3 is what you call getting back to “me again.” What are the challenges of this stage?

A. You have to find the confidence and drive to be your own best cheerleader. You have to start saying “yes” to things like going out to lunch with new friends, as well as “no” to things you don’t want to do. You need to get out of your comfort zone. A lot of energy fades away when the kids leave, so you’ve got to push yourself. You can start a new career or just a new exercise class or hobby.

Q: Is there anything you wish you had done differently to prepare for the empty nest?

A: The high school years felt like the long goodbye, as one routine after another faded away. The kids move out emotionally at least a year before they do physically. I want to encourage moms with kids in high school to start thinking now about what to do after the kids leave. Think of it as you and your kids being on parallel tracks; you’re both progressing to something new.

Q: How did your relationship with your husband change?

A: We sat down a year in advance of the empty nest and started going out to lunch every Saturday. It’s very relaxed, and we talk about everything — movies, current events — that we never had the time to do with the kids. We got to know each other again as a couple, not as Mom and Dad. It opened new doors in our relationship, and that’s been very exciting.

Q: You write that the empty nest isn’t empty unless you let it be. Any tips on how to make that happen?

A: Even if kids leave, they are in your heart forever. I am always thinking about them. I stay connected by texting and emailing articles to them. I buy little items like a favorite food or a kitchen utensil and put a box together that I send every so often. I love sending things, and they know.

Christmas Word Scramble Unscramble the letters to find words which have to do with Christmas. Some of the words have religious meanings, others are secular in nature.

1. Groceos _____
2. Naclorig _____
3. Rats _____
4. Scunttshe _____
5. Porduhl _____
6. Naast _____
7. Skagceap _____
8. Dressephh _____
9. Gramen _____
10. Galen _____
11. Limesotte _____
12. Vaniyitt _____
13. Gotscink _____
14. Virasou _____
15. Traweh _____
16. Gisehl _____
17. Wamsonn _____
18. Ejuss _____
19. Stranneom _____
20. Scamsthir _____



Friendly Village CORNER

BUY SELL OR TRADE ADVERTISING

For Friendly Village Residents

Call the office to add your item to our corner

Anyone who wants to advertise an item in the newsletter submit your ad by dropping it off at the office, calling the office 839-5577 or email it to the office: friendlyvillage@mainemobilehomes.com. We will put it in the next newsletter deadline for submitting is the 24th of the month to be in the next newsletter. Ad subject to approval by the office for submission.

REMINDER:

IF YOU DID NOT RECEIVE AN EMAIL FROM THE OFFICE RECENTLY CONCERNING WATER REPAIRS OR BOIL ORDERS. THIS MEANS THE OFFICE DOES NOT HAVE AN UPDATED EMAIL ADDRESS FOR YOU. IF YOU WOULD LIKE TO RECEIVE NOTIFICATIONS OF BOIL ORDERS, ROAD WORK ETC. PLEASE EMAIL YOUR EMAIL ADDRESS TO THE OFFICE:
friendlyvillage@mainemobilehomes.com Thank you

POLICE - FIRE- RESCUE,
Emergency dial: 9-1-1
Non-emergency dial: 839-5581

**For Friendly Village
Maintenance Emergencies:
Water-Sewer-Power
Dial Friendly Village Pager:
207-400-0368**
For Use In An Emergency Only
Weekends & After Office Hours

Friendly Village of Gorham,
5 Ash Drive, Gorham, ME 04038
Phone: 839-5577 Fax: 839-3233
friendlyvillage@mainemobilehomes.com
www.mainemobilehomes.com
facebook.com/friendlyvillage.ofgorham
Office Hours: Mon-Fri 8:30 to 4:30
(Hours subject to change w/out notice.)
Notary services are available in
the Friendly Village Office.



SERVICES

Greenwood Landscaping –Dylan—
winter plowing/ snow blowing/roof
shoveling service 899-9930

ESM Builders— carpentry
services 207-939-8126 or
ericmason713@gmail.com

*Are you available for roof-raking, snow-shoveling, and/or snow-blowing driveways and walkways this winter in the F.V. Community?
Call the office to get added to newsletter*



ALL PINEGROVE HOMES ARE ENERGY STAR EFFICIENT.
****CHECK OUT WHAT QUALITY CRAFTSMANSHIP AND ENERGY EFFICIENT FEATURES LOOK LIKE ****

NEW HOMES FOR SALE

****NEW HOME COMING FEBRUARY 2021** 6 BIRCH DRIVE 2021 PINE GROVE 24X48 3 BD 2 BA \$147,900**

Floor plan G-1767 Great layout with plenty of storage and space. Large kitchen with pantry has light salvaged oak cabinetry, premium stainless steel appliance package and dark wood luxury vinyl flooring. Dining area is light and bright with a large window facing the street. Two points of entry will allow you to control the flow traffic into your home. Front utility room has been changed up a bit from floorplan to take out the powder room and add a seven foot closet, washer and dryer hookups, furnace and hot water heater access located there as well. Large living room is open to kitchen and dining for your entertaining needs, featured hookups for cable and phone, entryway closet and that beautiful dark luxury vinyl flooring found in the rest of the home. Master bedroom has an attached master bath with 60" walk-in shower, single sink and large corner linen closet. This home will have our usual turnkey package of dormer over the main entry way, white interior doors, baseboard and crown molding throughout, higher grade vinyl and carpet for flooring, the value adding features are too numerous to list here.

TWO DESIGN TO ORDER HOMES COMING TO: 23 & 44 HEMLOCK THIS WINTER

PRE-OWNED HOMES FOR SALE none at this time

Answers:

- 1:scrooge 2: caroling 3: star 4: chestnuts 5: Rudolph 6: Santa 7: packages
- 8: sheperd 9: manger 10: Angel 11: mistletoe 12: Nativity 13: stocking 14: Savior
- 15: wreath 16: sleigh 17: snowman 18: Jesus 19: ornaments 20: Christmas

**INTERESTED IN ONE OF OUR HOMES CURRENTLY AVAILABLE
OR WANT TO DESIGN A NEW HOME?**

INTERESTED IN SELLING YOUR FRIENDLY VILLAGE HOME?

**CONTACT COLEEN AT OUR OFFICE, SHE WOULD BE GLAD TO HELP YOU
(207) 839-5577 OR (207) 839-3303**

