

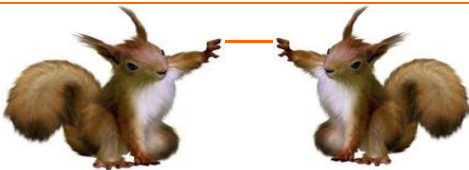


# FRIENDLY VILLAGE of GORHAM COMMUNITY NEWS OCTOBER 2021



## Special Dates in October

4	National Taco Day
5	World Teacher Day
11	Columbus Day
12	National Farmer's Day
15	Boss's Day
24	United Nations Day
31	Halloween



**BE SAFE  
&  
HAVE FUN**

## \*\*Heat Tape Inspections\*\*

Would you like to have the heat tape on your water pipes safety inspected and plugged in, **free of charge**? *Contact the office to sign up, either by email, phone or stop by, deadline: Oct. 8th.* Call backs for plug in after initial inspection will incur a service charge. Inspections will be conducted by mid October. Any needed repairs or replacements are the responsibility of the home owner. **We do not return to unplug them in the spring. Please make your own arrangements for this service.** We recommend that you have your heat tapes plugged in by October 31st.



**Happy Birthday  
to all residents  
who are celebrating an  
October Birthday...  
We hope you have  
a great one!**



**Current Events for  
October 2021:  
Last Fair of the Season  
October 3-10 Fryeburg  
Fair ,Fryeburg, ME**

## MANAGER'S CORNER:

I would like to thank all of you that took advantage of the pool this summer. And also thank the Pool Supervisors so that the younger folks could get some swim time. Nice to have things back to a somewhat normal time!

Please use caution driving with school kids walking to the bus stop along with residents walking the roadways.

As autumn weather approaches please remember while bagging leaves  
**"if you can't lift them over your head we can't throw them into the truck".**  
Bags that are too heavy will be left behind.

Watch out for Ghost and Goblins on Halloween! There will be many!

Get on the heat tape list, cold weather is just around the corner.



**JOHN L. RICHARD**



## HALLOWEEN TRICK OR TREATING TIPS



**Residents:** If you wish to pass out candy for Halloween on October 31st, please leave your porch light on. If you wish *not* to pass out candy, or if you run out of candy, please leave your porch light off.

**Parents:** Please make sure your child is carrying a flashlight and/or wearing something reflective so they can be seen by motorists. All costumes and wigs should be labeled "flame retardant". Costumes should fit well so as not to cause a tripping hazard. FDA face paint is best, but if masks are worn, they should fit well so children can see. Please check all candy to ensure it is safe. Warn children to never enter homes without a trusted adult, and to never accept rides from strangers, or anyone else for that matter, unless the parent has approved of it first. Advise trick or treaters to always stay to the side of roads and to be aware of traffic as well as cars in driveways.

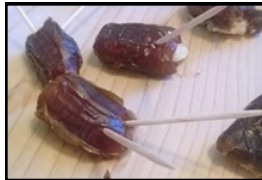
**Motorist:** Please drive extra cautiously on Halloween, inside and outside of the F.V. Community because some streets can get quite busy with many trick or treaters. We want this to be a safe and fun time for all!

## Wanna gross out the kids or your Halloween guests? Serve them Stuffed Roaches (Halloween Appetizer With Dates)

### Stuffed Roaches Recipe

#### Ingredients:

1 (8 ounce) package fat-free cream cheese, softened  
1/4 cup finely chopped walnuts  
2 (8 ounce) packages whole pitted dates



#### Directions:

Mix cream cheese and walnuts together in a small bowl. Slice one side of each date lengthwise using a small sharp knife, creating an opening. Carefully spoon cream cheese mixture into the middle of each date; pinch the dates closed. Stack them on a plate with cut sides down. Spear with toothpicks.

Hint: For easier stuffing use a pastry bag with a large tip.

For more great, tasty & ghoulish Halloween recipes,

## Register to Vote or Change your Address

Gorham Town Clerks office  
During regular business hours

First time registrants need to submit a copy of a photo ID with current residence on it. Change of address to vote will need to submit a copy of utility bill or other document with their current address on it.



We will also have applications for Absentee Ballots

## Mexican Stuffed Peppers

Preheat oven 325°F, serves 4

#### Ingredients:

2 cups water  
1 (8 ounce) package yellow rice mix  
2 tablespoons olive oil  
4 large green bell peppers, tops and seeds removed (carve a face into peppers before cooking)  
1 (16 ounce) can refried beans, or as needed  
1 (11 ounce) can whole kernel corn, drained  
1 (4 ounce) can sliced black olives, drained  
1/4 (8 ounce) jar salsa  
1 (8 ounce) package shredded Mexican blend cheese, divided



#### Directions:

Preheat oven to 325 degrees F (165 degrees C). Bring water to a boil in a saucepan and stir in yellow rice mix and olive oil; boil for 1 minute. Cover, reduce heat to low, and simmer until rice is tender and water has been absorbed, about 25 minutes. Spoon 3 tablespoons yellow rice into the bottom of each pepper. Cover rice with layers of refried beans, corn, and black olives, filling peppers almost to the top. Spoon salsa into peppers. Stand stuffed peppers upright in a baking dish. Bake in the preheated oven until peppers are tender and filling is hot, about 30 minutes. Divide Mexican cheese blend over the peppers, return to oven, and bake until cheese has melted, about 5 more minutes. Serve with sour cream and guacamole.

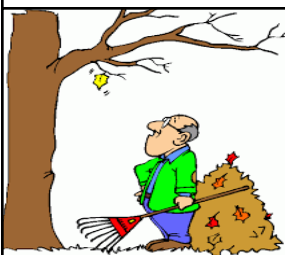
For more great, tasty & ghoulish Halloween recipes, visit: <http://allrecipes.com/recipe>

## ATTENTION DOG OWNERS:

The Friendly Village Maintenance staff is noticing an increase in dog feces in the vacant sites. There is an increase in dogs running loose after hours and weekends also. These are a violation of our park rules! Dog owners are responsible for picking up behind their dogs and most of our residents are responsible dog owners. ANY RESIDENT CAN REPORT TO THE OFFICE ACTIVITY OF DOG OWNERS NOT PICKING UP AND WE WILL HANDLE IT. We will be monitoring activity of homes near vacant sites that have dogs because of a few irresponsible owners behavior.



### Reminder: Please don't overstuff your leaf bags.



Place your bagged leaves near the edge of your lawn for pick up. Please remember our maintenance crew need to lift these bags quite high to get them into the truck. If the bags weigh more than 50lbs, they will not be picked up and you will need to re-bag them into

lighter bags. Please do not rake leaves onto the vacant lots. This creates more work for the maintenance staff and they just blow around into everyone's yard. Bag your leaves and place them at the end of your driveway for free pickup. Thank you

## Gorham Cleans Up - Sunday, October 3, 2021

The Gorham Conservation Commission invites everyone to help beautify the Town on Sunday, October 3, 2021 from 8:30am to noon (rain date: October 17th, 8:30am - noon).

Areas of focus will be the Village and South Street from the Village to Route 22. Meeting locations include:

1. Hannaford for Village and South Street to Weeks Road
2. Park an Road for South St from Weeks Road to Rt 22

To sign up or learn more information, please visit the Gorham Conservation Commission's Facebook page at <https://www.facebook.com/GorhamConservationCommission>.

Thank you for your part in keeping the Gorham com-

## Covid Fatigue

"Covid fatigue" is a new phrase you may hear, as this is a reality that is sweeping the Nation, and most likely the entire globe. It is an issue that is hitting our Front Line workers especially hard, and we want our staff to know you are not alone and that support is available. We are all growing tired. Tired of the new norm. Tired of sickness and loss. Tired of being forced to stay home when not performing essential duties. Tired of the anxiety. Tired of the news. Tired of being careful. Tired of being isolated (or maybe tired of the people in our bubble!). But mostly we are growing tired of evading the invisible enemy that is Covid-19.

Over the course of the past 20+ months our lives have been disrupted. The losses have piled upon us. Loss of life, loss of health, loss of jobs and income. Many families have gone from a comfortable sense of security to facing the fear of the unknown. Almost every single person has been affected in some way by the pandemic, whether it be an adjustment in how we work and teach and entertain ourselves, to how we survive another day.

It is easy to see why we, as a Nation, are exhausted. In light of this, it is important to remind ourselves and each other to make our mental and physical health a top priority right now. It is easy to make the excuse that we are in the middle of a pandemic so we often turn to unhealthy vices to help ourselves feel better, but a key factor in how we weather this storm is in how we take care of ourselves.

Remember to eat well balanced meals and do not over-indulge in food or alcohol as a coping mechanism. Your calorie intake is the fuel for your body and if you want your body to run well you need to put in the best fuel possible. If your routine has been altered, and perhaps become more sedentary, be sure to maintain a good level of physical activity. Even just a short ten minute walk everyday can help boost your emotional and physical health. Maintain your health appointments and routine. There are new options in telehealth available if you are uncomfortable going to your physician's office. The vaccine is becoming more readily available every day and you can contact your doctor or Eldercare Specialist if you need help with this process. Do not put off seeking out medical care if you need help.

Talk to someone if you are feeling depressed or anxious. You are not alone. Seek out support within your social network or from a professional. Staff at the Caring Workplace is available to you for supportive counseling in addition to help linking clients with valuable resources that may help during this difficult time. This is a St. Andrew's employee benefit and there is no cost for the employee utilizing these services. Do not hesitate to reach out if you are feeling overwhelmed. We are all in this together!



**POLICE - FIRE- RESCUE,**  
**Emergency dial: 9-1-1**  
**Non-emergency dial: 839-5581**  
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**For Friendly Village  
Maintenance Emergencies:  
Water-Sewer-Power  
Dial Friendly Village Pager:  
207-400-0368**  
**For Use In An Emergency Only**  
**Weekends & After Office Hours**

**Friendly Village of Gorham,**  
5 Ash Drive, Gorham, ME 04038  
Phone: 839-5577 Fax: 839-3233  
[friendlyvillage@mainemobilehomes.com](mailto:friendlyvillage@mainemobilehomes.com)  
[www.mainemobilehomes.com](http://www.mainemobilehomes.com)  
[facebook.com/friendlyvillageofgorham](https://facebook.com/friendlyvillageofgorham)  
Office Hours: Mon-Fri 8:30 to 4:30  
(Hours subject to change w/out notice.)  
Notary services are available in  
the Friendly Village Office.



**Do you want to make some extra cash this winter?**

*Are you available for roof-raking, snow-shoveling, and/or snow-blowing drive-ways and walkways this winter in the F.V. Community?*

If you are, please contact the office with your name and contact information. We can post this information in the November newsletter and also pass it on to anyone who calls in the office looking for this service.



**ALL PINEGROVE HOMES ARE ENERGY STAR EFFICIENT.**  
**\*\*CHECK OUT WHAT QUALITY CRAFTSMANSHIP AND ENERGY EFFICIENT FEATURES LOOK LIKE \*\***

## **NEW HOMES FOR SALE**

\*\*\*\*\* 2021 DESIGN AND ORDER HOMES COMING FOR SPRING & FALL **ALREADY PURCHASED:** \*\*\*\*\*

**7 TAMARACK CIRCLE—pending November 2021 tentative delivery**  
**14 CHESTNUT CIRCLE—pending February 2022 tentative delivery**  
**7 BEECH CIRCLE— pending February 2022 tentative delivery**  
**39 HEMLOCK DRIVE—pending March 2022 tentative delivery**  
**65 HEMLOCK DRIVE—Pending May 2022 tentative delivery**

## **PRE-OWNED HOMES FOR SALE**

**CURRENTLY NO PRE OWNED HOMES FOR SALE**

### **CUSTOM ORDER YOUR OWN ENERGY STAR HOME!**

**Prices starting at \$110,000**

CHOOSE YOUR OWN COLORS & FLOOR PLAN. CALL FOR YOUR APPOINTMENT TODAY. HOMES COME WITH 1 YEAR FULL FACTORY WARRANTY AND 10 YEAR LIMITED MANUFACTURERS WARRANTY! PRICES WILL VARY DEPENDING ON OPTIONS CHOSEN. ALL NEW HOMES WILL INCLUDE A CONCRETE SLAB., SHED, CUSTOM COMPOSITE DECK W/ VINYL RAILS, LAWN & DRIVE-WAY/WALKWAY INSTALLATION.

**INTERESTED IN ONE OF OUR HOMES CURRENTLY AVAILABLE OR WANT TO DESIGN A NEW HOME? CONTACT OUR OFFICE AT 207-839-5577 OR 207-839-3303, WE WOULD BE GLAD TO HELP YOU.**

**INTERESTED IN SELLING YOUR HOME? CONTACT OUR OFFICE, WE WOULD BE GLAD TO LIST IT FOR YOU.**

