



FRIENDLY VILLAGE

of GORHAM

COMMUNITY NEWS

December 2022

Special Dates in December

- 1st Eat A Red Apple Day
World AIDS Awareness Day
- 5th World Soil Day
- 7th Pearl Harbor Remembrance Day
- 8th National Brownie Day
- 12th Green Monday
- 15th Bill of Rights Day
- 17th National Wreaths Across America Day
- 21st Winter Solstice
National Shirt Girl Appreciation Day
- 24th Christmas Eve
- 25th Christmas
- 30th National Bacon Day
- 31st New Year's Eve

LIFE IS TEN PERCENT WHAT HAPPENS TO YOU
AND NINETY PERCENT HOW YOU RESPOND TO IT.
LOU HOLTZ

**We here at the Friendly Village office
wish all the residents and their families
a Merry Christmas and a Happy, Safe and
Healthy New Year!!!**

John Dave Robert Don Jeff Coleen

Friendly Village office will be closed Mon., December 26th &
January 2nd



**Happy Birthday
to all residents
who are celebrating a
December Birthday...
We hope you have
a great one!**



MANAGER'S CORNER:

Residents are reminded to remove outside hoses to prevent freezing of outside water lines.

All basketball hoops must be removed for edge of street.

One should blow off all leaves and pine needles from their roof. This will help extend shingle life and also prevent possible roof leaks!

No continuous parking on streets, especially during snowstorms or you vehicle will towed.

Please do not throw snow in the streets, and if possible wait till we stop plowing to shovel the end of your driveway.

Just a reminder that Friendly Village does not give any person or persons to ride any motorized vehicles, i.e. but not limited to. Snowmobiles, ATV'S, scooters, or dirt bikes, unless allowed by State law. Driver must have a current driver's license.

JOHN L. RICHARD

We are very lucky to live in Maine, especially with the abundance of farm fresh produce available here. My personal favorite is Ricker Hill Orchard cranberries, they are dry picked, not bruised and as sweet as a cranberry can get. This season don't buy that can of jellied cranberry sauce, make your own with fresh Maine grown cranberries, it is easy and so delicious. You will never eat canned again.

Coleen

HOMEMADE CRANBERRY SAUCE

Ingredients

- 12 ounces cranberries
- 1 cup white sugar
- 1 cup orange juice

Directions

In a medium sized saucepan over medium heat, dissolve the sugar in the orange juice. Stir in the cranberries and cook until the cranberries start to pop (about 10 minutes). Remove from heat and place sauce in a bowl. Cranberry sauce will thicken as it cools.

You can add a little grated orange rind to bring more a more orange flavor.



The Holiday Season can be extremely stressful *and* expensive.

Here are a few tips to help you get through it all.

- Plan ahead by making a list and sticking to it.
- Shop online, if possible, to avoid the holiday crowds.
- Write and send Christmas cards and packages the first week of December, avoiding the lines.
- Keep calm by playing music that makes you happy.
- Use aromatherapy, such as scented oils, candles, and/or sprays.
- Practice deep breathing when you are stressed.
- Avoid excess alcohol.
- Take advantage of the gift wrapping services at stores. These are often free with a purchase.
- Delegate the tasks that need to get done, such as cleaning, cooking, shopping, decorating, etc.
- Have some fun and build a Gingerbread house with your kids or your significant other.

- **Decide what really matters and don't worry about the rest.**



Friendly Village Community Holiday Raffle

Open to all registered

Friendly Village residents.

Win a Gift Card to a local business, which might include:

Hannaford's, Wal-Mart,
local restaurants, & gas cards

**Drawing to be held:
December 20th**

Gift Cards will be chosen
randomly at drawing.

To enter, simply complete the Raffle Ticket *located inside this newsletter* and drop it off at the Friendly Village office no later than December 19th.

One entry per household

FYI can also be put in rent lock box if office is closed.

Friendly Village Community Holiday Raffle Ticket

Name: _____

Address: _____

Phone #: _____

Email: _____

*Ticket must be dropped off at the Friendly Village Office
no later than December 19th.*

*Drawing to be held: December 20th.
Only one entry per household.*

Tips for Adjusting to an Empty Nest

It's a time for you to get out of your comfort zone

by [Mary W. Quigley](#), Sept. 30, 2016

Let's get it on...the house is finally empty. — Dean Mitchell/Getty Images

[Dallas](#) mom Melissa T. Shultz treasured the years she spent at home raising her sons, Alex and Nick. But after her youngest, now 21, left for college, her house suddenly seemed like “a theater gone dark.”

Wanting to share her struggles with finding a new identity, the 56-year-old literary agent and journalist started blogging and expanded her writing into a book, [From Mom to Me Again: How I Survived the First Empty-Nest Year and Reinvented the Rest of My Life](#). We chatted with Shultz about parents reinventing themselves and preparing for an empty nest.

Q: Three million moms each year face what you call this “wonderful and horrible time.” Why such extremes?

A: It was horrible because the part of my life that was so magical was over. Raising a family was now in my rear-view mirror. Now I have a blank page in front of me, where I am responsible only for myself. That’s what motivated me to write the book.

Q: Act 3 is what you call getting back to “me again.” What are the challenges of this stage?

A. You have to find the confidence and drive to be your own best cheerleader. You have to start saying “yes” to things like going out to lunch with new friends, as well as “no” to things you don’t want to do. You need to get out of your comfort zone. A lot of energy fades away when the kids leave, so you’ve got to push yourself. You can start a new career or just a new exercise class or hobby.

Q: Is there anything you wish you had done differently to prepare for the empty nest?

A: The high school years felt like the long goodbye, as one routine after another faded away. The kids move out emotionally at least a year before they do physically. I want to encourage moms with kids in high school to start thinking now about what to do after the kids leave. Think of it as you and your kids being on parallel tracks; you’re both progressing to something new.

Q: How did your relationship with your husband

change? A: We sat down a year in advance of the empty nest and started going out to lunch every Saturday. It’s very relaxed, and we talk about everything — movies, current events — that we never had the time to do with the kids. We got to know each other again as a couple, not as Mom and Dad. It opened new doors in our relationship, and that’s been very exciting.

Q: You write that the empty nest isn’t empty unless you let it be. Any tips on how to make that happen?

A: Even if kids leave, they are in your heart forever. I am always thinking about them. I stay connected by texting and emailing articles to them. I buy little items like a favorite food or a kitchen utensil and put a box together that I send every so often. I love sending things, and they know.



Friendly Village CORNER

BUY SELL OR TRADE ADVERTISING

For Friendly Village Residents

Call the office to add your item to our corner

Anyone who wants to advertise an item in the newsletter submit your ad by dropping it off at the office, calling the office 839-5577 or email it to the office: friendlyvillage@mainemobilehomes.com. We will put it in the next newsletter deadline for submitting is the 20th of the month to be in the next newsletter. Ad subject to approval by the office for submission.

REMINDER:

IF YOU DID NOT RECEIVE AN EMAIL FROM THE OFFICE RECENTLY CONCERNING WATER REPAIRS OR BOIL ORDERS. THIS MEANS THE OFFICE DOES NOT HAVE AN UPDATED EMAIL ADDRESS FOR YOU. IF YOU WOULD LIKE TO RECEIVE NOTIFICATIONS OF BOIL ORDERS, ROAD WORK ETC. PLEASE EMAIL YOUR EMAIL ADDRESS TO THE OFFICE: friendlyvillage@mainemobilehomes.com
Thank you

POLICE - FIRE- RESCUE,
Emergency dial: 9-1-1
Non-emergency dial: 839-5581

**For Friendly Village
Maintenance Emergencies:
Water-Sewer-Power
Dial Friendly Village Pager:
207-400-0368**

**For Use In An Emergency Only
Weekends & After Office Hours**

Friendly Village of Gorham,
5 Ash Drive, Gorham, ME 04038
Phone: 839-5577 Fax: 839-3233
friendlyvillage@mainemobilehomes.com

www.mainemobilehomes.com
facebook.com/friendlyvillage.ofgorham
Office Hours: Mon-Fri 8:30 to 4:30
(Hours subject to change w/out notice.)
Notary services are available in
the Friendly Village Office.



SERVICES
Myers Property Services - Plow-
ing, shoveling, roof shoveling, leaf
clean up, mowing :
Austin Myers 207-730-0448

ESM Builders— carpentry
services 207-939-8126 or
ericmason713@gmail.com

*Are you available for roof-raking, snow-
shoveling, and/or snow-blowing driveways and
walkways this winter in the F.V. Community?
Call the office to get added to newsletter*



ALL PINEGROVE HOMES ARE ENERGY STAR EFFICIENT.
****CHECK OUT WHAT QUALITY CRAFTSMANSHIP AND ENERGY**
EFFICIENT FEATURES LOOK LIKE **

NEW HOMES FOR SALE

39 HEMLOCK DRIVE: 2022 Pine Grove 14x60 2 BD 1 BA Wonderful open floorplan with a cute porch on front. This home is installed in a neighborhood of multiple other new homes, on a sunny corner lot . Enter the home protected from the weather onto a porch, to the open living room/kitchen area. The kitchen features salvaged oak cabinets, our premium stainless steel appliance package, luxury dark wood look vinyl floors and eat at bar. Both bedrooms have 45 oz sunset beige carpeting with heavy duty pad , and large closets for storage. Utility area of home is ready for a space saving stackable washer/dryer unit. Comes with an 8x12 shed stained to match the home, custom built steps & composite deck with vinyl rails, front garden all set with landscape blocks. Lawn, driveway and walkways installed.
New lower price!!!! List price \$139,900 plus 2.75% sales tax



PRE-OWNED HOMES FOR SALE **none at this time**

*THANK YOU TO EVERYONE WHO PURCHASED A NEW OR USED HOME
THROUGH OUR PARK OFFICE. I LOVE HELPING PEOPLE FIND OR DESIGN
THEIR PERFECT HOME. THANK YOU AGAIN FOR ALLOWING ME TO HELP
YOU. COLEEN*

Answers:

1: bells 2: poinsetta 3: candle 4: gingerbread 5: wreath 6: carols 7: reindeer
8: stocking 9: cookies 10: eggnog 11: sleigh 12: elves 13: presents 14: garland
15: mistletoe 16: gift 17: holiday 18: angel 19: noel 20: ornaments 21: redeem
22: snowman 23: candy cane 24: listen 25: yule

**INTERESTED IN ONE OF OUR HOMES CURRENTLY AVAILABLE OR
INTERESTED IN SELLING YOUR FRIENDLY VILLAGE HOME?**

**CONTACT COLEEN AT OUR OFFICE, SHE WOULD BE GLAD TO HELP YOU
(207) 839-5577 OR (207) 839-3303**

